

EliteCare Health Centers

EliteCare Health Centers is providing comprehensive health services for the family's everyday well-being. The centers offer a "one stop shop" where patients receive exams, wellness checks, prescriptions, and wellness services. The goal of EliteCare is to provide wait times less than an average doctor's office because they are so exclusive to Freedom, Optimum, and Simply Health plans. Patients will be able to schedule appointments and get into the office faster and perhaps even on the same day. The eventual goal is that except for specialist appointments the EliteCare offices will provide all healthcare at one location.

Teamwork Arts

Teamwork Arts is a highly versatile production company with roots in the performing arts, social action and the corporate world. For over 30 years, Teamwork Arts has taken India to the world and brought the world to India, presenting the finest of Indian performers, writers, change-makers and visual artists in the knowledge and arts space in India and abroad. Every year, we produce over 33 festivals in 42 cities and 17 countries in the fields of performing & visual arts and literature. We produce the world's

WellCome OM Integral Healing and Education Center

The WellCome OM Integral Healing and Education Center is a unique entity that blends the skills of several individuals from varied training and expertise on a quest to simultaneously practice their treasured life skills and celebrate – in collaboration – a journey to ultimate wellness in all its facets. Whether you seek the help of a medical doctor with a naturopathic background, a yoga instructor, life coach, nutritional counselor, or massage therapist, the WellCome OM Integral Healing & Education Center will be the source to receive authentic healing.

largest literary gathering: the annual Jaipur Literature Festival; JLF international now travels to the US, UK, Canada and Australia and the Maldives and soon in Europe. Through its digital avatar, the Jaipur Literature Festival reached over 19 million viewers in January 2021 and brought together the world's leading commentators and writers. The digital series Be Inspired was launched in 2021 – a series that crystal gazes into the future with conversations on science, technology, innovation, environment and more.

For more information about the festival, visit
www.awakenflorida.org



5th November 🌸 Saturday

9:00 am to 9:40 am | Soundscape
Morning Ragas by Roopa Mahadevan
 Roopa performs unique pieces from her repertoire of Indian classical and crossover music, emphasizing the complex interplay of raga and rhythm.

9:45 am to 10:15 am | Soundscape
Yoga Practice and Mantra Chanting
 Experience a full body awakening flow followed by mantra chanting.

10:20 am to 11:00 am | Soundscape
Discourse by Rajiv Mehrotra
 This discourse will focus on 'Healing & Nurturing our Minds', drawing on the teachings of The Dalai Lama.

11:15 am to 12:00 pm | TalkVibe
The Genetics of Health
 Author, surgeon and academic Sharad Paul in conversation with Sanjoy K. Roy, discusses the shifting landscape of health, genetics and evolution in a post-COVID world.

12:00 pm to 12:30 pm | OM Grown Garden
Drum Circle by Heather DeRigo
 Heather grew up immersed in musical & artistic culture with a strong influence in Funk, Rock & Jazz styles. Starting with drumsets, she moved on to a love for hand drums and enjoys creating hybrid percussion set-ups.

12:30 pm to 1:00 pm | OM Grown Garden
Violin performance by Andrew Polo
 Violinist Andrew Michael Polo has been performing in the Tampa Bay Area for over a decade. Having a repertoire of nearly a thousand songs spanning several decades and genres.

1:00 pm to 1:45 pm | TalkVibe
Sri Aurobindo: Philosopher Guru, and Poet
 Writer, poet and academic Makarand R. Paranjape, and medical doctor, poet and philosopher Pariksith Singh, are in conversation with writer and poet Arundhathi Subramaniam. They explore their perspectives on the life and philosophy of Sri Aurobindo's

2:00 pm to 2:45 pm | TalkVibe
The Good, Bad and Ugly of our Wireless World
 Dr. Maria Scunzio-Singh's methods include a combination of conventional treatments and naturopathic medicine, with teachings on lifestyle, specific nutritional plans and other integrative techniques.

2:00 pm to 3:00 pm | OM Grown Garden
Art Therapy by Puneeta Roy
 Puneeta has been working on self-empowerment and healing with young people for over a decade. She will demonstrate the power of art in healing the mind.

2:00 pm to 2:45 pm | Movement Studio
"Mysteries of the Mind"
A talk by Jayne Arrington
 Jayne is a Certified Hypnotherapist and a Neuro Linguistic Programming (NLP) practitioner.

3:00 pm to 3:45 pm | Soundscape
Sound Healing workshop by Synergy of Sound
 Experience the soothing and uplifting effects of quantum sound vibration combined with meditation and breath, to align the flow of energy.

5:25 pm to 5:45 pm | TalkVibe
A Night at the Opera
 Sarina Singh is a second year medical student at USF Morsani College of Medicine. She began taking vocal lessons in December of 2021, and is a former violinist.

Matt Romeo is a classical and musical theater artist. He has been active in performing arts since the age of four.

Roberta Everling is a teacher and church musician. Her love for the piano began when she was four years old and has continued throughout her life.

6:00 pm to 7:00 pm | Soundscape
WAHH! World Fusion band
 A unique 'East Meets West' World Fusion Band which brings captivating and fully dynamic 'Vocal Percussion' and Indian Raga flavors woven with Rock, Jazz, and Funk Music.

6th November 🌸 Sunday

9:00 am to 9:40 am | Soundscape
Morning Ragas by Anupama Bhagwat
 Anupama, a sitarist with a versatile and eclectic style, is acclaimed world-wide with a repertoire of global performances.

9:45 am to 10:15 am | Soundscape
Yoga IOI by Donna Hildebrandt
 Stretch your body, awaken your mind, and fuel your spirit in this uplifting, intention-setting yoga class to enhance the day ahead.

10:20 am to 11:00 am | Soundscape
Guided Meditation by Puneeta Roy
 Puneeta, is a media professional with a wide experience in the expressive arts and social action. She guides attendees on a meditative journey of discovery.

11:15 am to 12:00 pm | TalkVibe
Expanding Consciousness: In Search of the Self
 Rajiv Mehrotra in conversation Puneeta Roy

12:00 pm to 12:30 pm | OM Grown Garden
Drum Circle by Heather DeRigo
 Heather grew up immersed in musical & artistic culture with a strong influence in Funk, Rock & Jazz styles. Starting with drumsets, she moved on to a love for hand drums and enjoys creating hybrid percussion set-ups.

1:00 pm to 1:45 pm | TalkVibe
Seeking the Divine: Poetry and Sacred Journeys
 Award-winning author, poet, and translator Arundhathi Subramaniam conjures the essence of the spiritual and the sublime through her writing. In conversation with Pariksith Singh, she takes us on an evocative journey through her words, inspirations and faith.

2:00 pm to 2:45 pm | TalkVibe
You Are How You Move: Healing Through Dance
 World-renowned Indian classical dancer Vijayalakshmi will be in conversation with Sanjoy K. Roy in a powerful session of dance, meditation and identity. She will take us on a transformative journey through the recuperative powers of dance as a form of healing.

2:45 pm to 3:15 pm | Movement Studio
Tribal Dance Workshop by Jaynellen
 A hands-on, feet-on-the-dance floor interactive class that teaches the basics of folkloric inspired, group improv, belly dance with elements from the Middle East, North Africa, the Mediterranean, and India with Spanish and Flamenco influences.

2:00 pm to 2:30 pm | OM Grown Garden
Urban Farming by Souls N Soils
 Doug Poteet co-founded a science garden club that has been teaching students the joy of gardening and eating good, clean food. Doug is a farmer jack of many trades, and now operates his own urban garden, Souls N Soils in Brooksville, FL.

2:30 pm to 3:15 pm | OM Grown Garden
Is the what, when, how, and why of eating making you sick? Session by Maria Scunzio-Singh
 This class will focus on the root vegetables that grow best in our zone as well as tactics to ensure a steady harvest throughout the season.

5:00 pm to 6:00 pm | Soundscape
Aditya Prakash Ensemble
 Aditya founded the eclectic music group, Aditya Prakash Ensemble, which creates a space for dialogue between Carnatic and Jazz.



*Program subject to change